

Movement Lesson Plan (Leave Hunt)

Grade: 1

Subject Area: Physical Education

Materials Needed:

- An area outdoors with trees and bushes, leaves, “We’re Going on a Leaf Hunt” by Steve Metzger

Standards:

- (PE) 1.1.4 Use control in travel activities (e.g., changes directions in a safe manner, shows an awareness of objects and other people when moving)

Objectives:

- Students will walk with safety while following the leader and observing different characteristics of autumn leaves.

Learning activities:

- Begin by the lesson by reading “We’re Going on a Leaf Hunt,” by Steve Metzger
- Tell students, “We are now going on our own leaf hunt.” Have students line up with proper classroom and hallway behavior. (Ms. Pandolfo as the leader, Mrs. Schroeder as the caboose)
- Walk in different directions, around trees, slower and faster, etc., having students do the same. Misbehavior means a shorter adventure walk outside so remind students of rules and procedures before walking starts.
- After the outside activity, find an area with a lot of leaves and tell students to be on look for unique leaves. Have them find at least 2-3 to take back to class. Remind them to be gentle with the leaves because we will be using them for an art project.
- Once every student has a few leaves, walk back inside to the classroom.

Assessment:

Students will be assessed based on participation, listening, and practicing safe behavior outside.

Reflection:

This lesson was super engaging and fun, but some students did not follow the directions. I expected some students to let their extra energy get the best of them, but for the most part, the class behaved appropriately outside. However, I need to learn how to control student’s behavior while in non-classroom environments. That was the hardest part of the lesson.